Katz and Nadelberg, instead, look to help clients like one busy executive who'd gained 20 pounds in the past five years while losing his energy, libido, and concentration. His previous doctor had told him, “You’re just getting older.” The key issue, though, is not the undeniable fact, but the how of aging. As Katz says, “If you don’t succeed in doing the things that are important to you in your life, then we aren’t succeeding as your doctors.” —CRAIG LAMBERT

Well Done

The Harvard Alumni Association Awards were established in 1990 to recognize outstanding service to Harvard University through alumni activities. This year’s recipients were to be honored on October 12 during the HAA board of directors’ annual fall meeting in Cambridge. Highlights of their many contributions are given below.

Jonathan L. S. Byrnes, D.B.A. ’80, of Lexington, Massachusetts, has played a key role in strategic planning for the HAA, having managed the initial plan in 2001 that charted the organization’s current path and conducted subsequent reviews. Over the years, he has served on the executive committee in various capacities, including as president (2007–2008). He has also served as vice president of the Harvard Club of Boston, and was a member of the board of directors of the Harvard Business School Alumni Association.

Above and Beyond

Hazard Stevens, of the class of 1865, led the assault that captured a Confederate fort. Leonard Wood, M.D. ’84, volunteered to carry dispatches through Apache territory, traveling 70 miles in one night and walking 30 more the next day. Sherrod Skinner ’51 threw himself on a North Korean grenade to save wounded marines under his command. They are among the 10 Harvard men awarded the Congressional Medal of Honor for “conspicuous gallantry and intrepidity” at the risk of their own lives “above and beyond the call of duty.” Recent research suggests that no other college or university, apart from West Point and Annapolis (with 82 and 74 recipients), can claim more alumni so honored.

On November 11, Veterans Day, at an 11 a.m. service at Memorial Church, a plaque commemorating these men will be unveiled, dedicated, and presented to the University for installation in the sanctuary. The Reverend Peter J. Gomes, who teaches a course in Harvard history, will officiate, and President Drew Faust, a Civil War scholar, will participate. The plaque is a gift from the more than 500 members of the Harvard Veterans Alumni Organization (HVAO; www.harvardveterans.org), a group sponsored by the Harvard Alumni Association; the ceremony is sponsored by HVAO, Advocates for Harvard ROTC, and the Business, Kennedy, and Law Schools’ armed forces clubs.

The plaque, says HVAO president Thomas P. Reardon ’68, is part of a Harvard Veterans History Project documenting “the 12 generations of Harvard men and women—the ‘Long Crimson Line’—who have served in the military of our country from Colonial times through every war and peace since.” (Research by Paul E. Mawn ’63, chairman of Advocates for Harvard ROTC, determined Harvard’s Medal of Honor ranking.) The University’s other Medal of Honor recipients are: Theodore Roosevelt, A.B. 1880, and Theodore Roosevelt Jr., A.B. 1909, for leadership at San Juan Hill in 1898 and on D-Day in 1944; Manning F. Force, A.B. 1845, L.L.B. ’48, and Henry W. Lawton, L.’66, who served with Sherman’s Georgia campaign in 1864; Walter N. Hill, class of 1904, who led marines at the battle of Veracruz in 1914; and George G. McMurtry, class of 1899, and Charles W. Whittlesey, L.L.B. 1908, commanders of the “lost battalions” that held out in the Argonne against German forces for a week in 1918 before rescue (details at www.advocatesforrotc.org/harvard/honor.html).

Comings and Goings

Harvard clubs offer a variety of social and intellectual events around the country. For information on upcoming programs, contact your local club directly, or call the HAA at 617-495-3070, or visit www.haa.harvard.edu. Below is a partial list of winter happenings.


For details and registration, please call the Boston club at 617-450-8496, or visit www.harvardclub.com/index.php.
Michael F. Holland ’66, of New Canaan, Connecticut, has never refused a volunteer role at Harvard and is considered one of its greatest ambassadors. The former cochair of the Harvard College Fund Council, he also chairs the Class of 1966 reunion-gifts committee and has cochaired numerous reunion-gift committees. In addition, he has been a vice chair of the FAS Financial Aid Council, an advisory board member of the Harvard China Fund, and a member of the visiting committee on faculty recruitment and retention. Twice he has served as vice president of the Harvard Club of New York City; he is also a trustee of the club’s foundation, and a member of the Harvard New York major gifts committee.

Barbara G. Meyer ’62, of Morristown, New Jersey, has dedicated countless hours and energy in support of Harvard and Radcliffe. She is an active member of the New York City; she is also a trustee of the club’s foundation, and a member of the Harvard New York major gifts committee. Barbara G. Meyer ’62, of Morristown, New Jersey, has dedicated countless hours and energy in support of Harvard and Radcliffe. She is an active member of the New York City; she is also a trustee of the club’s foundation, and a member of the Harvard New York major gifts committee.

The former cochair of the Treasurers Association, and championed the Class of 1966 reunion-gifts committee and has been an alumni interviewer since 1977. She is a former president of the Harvard Club of New Jersey, and is currently a member of its executive committee and chair of the schools committee. From 2005 to 2008, she was an HAA regional director for metropolitan New York-New Jersey. In addition, Meyer has been a member of the Radcliffe Board of Management and chaired the reunion and gift committees of her thirty-fifth reunion. She currently serves as a member of the Harvard College Fund committee for the class of 1962.

Harry “Chip” O’Hare Jr. ’71, M.B.A. ’75, of Belmont, Massachusetts, has been a loyal and active alumnus. A class secretary for 15 years, he was also an HAA-appointed director representing the College Class Secretaries and Treasurers Association, and championed class treasurers as full members of the association during his presidency in 1999. A longtime member of the HAA’s classes and reunions and Happy Observance of Commencement committees, he was also active in the Harvard Club of Boston, on its board of directors—and chaired its nominating committee for eight years. In addition, O’Hare has been a member of his class committee since graduation, was chair of his fifth and thirty-fifth reunions, and is a loyal member of the HBS class reunion committee.

Roland B. Smith Jr., Ed.D. ’88, of Pearland, Texas, served on the Harvard Graduate School of Education Alumni Council in several capacities, including chair (1993-1994). He was an HAA appointed director from 1995 to 2001, and then became an HAA regional director. During his involvement in the HAA, he successfully chaired the graduate schools committee. In 2008, he received the HGSE Alumni of Color Achievement Award.

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Beverly B. Sullivan, of Arlington, Massachusetts, has dedicated nearly four decades of service to Harvard, and is the recipient of the Harvard Hero and Marion L. Anderson awards. She began in 1969 as a secretary in the University Development Office before becoming the administrative assistant to two vice presidents for alumni affairs and development, Chase Peterson and Fred Glimp, with whom she worked for 16 years. Later she served as executive assistant to Harvard presidents Neil Rudenstine and Lawrence Summers. In 2004, she joined the HAA as director of board services, where she worked closely with six HAA presidents and countless alumni volunteers. At the request of President Drew Faust, Sullivan spoke on behalf of all 13,000 University employees during Faust’s installation ceremony in 2007.

Job Notices

Several college programs match students with paid and unpaid jobs and internships. To find out more about how alumni can provide these learning and working opportunities, contact the offices listed below.

The Office of Career Services connects students with employers for full-time, part-time, and summer jobs or internships throughout the year. For information, contact Nancy Saunders at 617-495-2595/496-2747 or e-mail nesaund@fas.harvard.edu.

The Harvard College Women’s Center runs two mentoring programs for undergraduates. The Radcliffe Mentor Program matches students with alumnae for career development. The Science Mentors Program aims to enable more young women to stay in the pipeline for careers in STEM fields (science, technology, engineering, and mathematics) through pairing students with women pursuing a doctorate in one of these fields at Harvard. For further details, please visit http://hcwc.fas.harvard.edu/mentor.html or call 617-959-4864/496-2029 or e-mail director Susan Marine at marine@fas.harvard.edu.

To offer a paid position, contact the Student Employment Office: call 617-495-2585 or visit www.seo.harvard.edu.