works on mechanics, aiming to keep batters from seeing the ball until it is leaving his hand: that diminishes the hitter’s reaction time, making a pitcher “sneaky fast.”

Actually, Suter throws two kinds of fastball, the two-seam and four-seam, differentiated by his grip on the ball (see sidebar.) The four-seamer travels straighter and a couple of miles per hour faster: it’s a good pitch to try when a batter has two strikes, because the extra gas can blow the ball by a hitter for a strikeout. And Suter is a strikeout pitcher: last year he fanned 47 in 49.2 innings pitched, while posting a 4-2 record with a 5.26 ERA. As a freshman he whiffed 53 in as many innings.

Nonetheless, the ability “to throw off-speed pitches for strikes is a big separator,” Suter says. Any baseball hurler worth his salt can pound the strike zone with fastballs, but if that’s his only pitch, hitters will begin to “sit on” (expect) the fastball and tee off on it. Hence the importance of off-speed pitches like Suter’s curve and change-up, which move differently from the fastball and arrive at the plate at a different speed. His “out pitch” is his change-up: thrown with the same motion as the fastball, but with a grip that nestles the ball in the palm of the hand, the change-up may travel eight to 12 mph slower than the fastball, fooling the batter into swinging ahead of the pitch.

Suter gets plenty of outs throwing a change on, say, an 0-1 count, making the batter top the ball for a groundout. When hitters put the ball in play, Suter gets about half his outs from groundouts and half from fly balls. “You strive for ground-ball outs,” he says. “Especially with metal bats [which make balls carry farther than wooden ones], you want to keep the ball out of the air. And you always want to miss the barrel of the bat.”

—Craig Lambert

Historic Hoops Season

On the regular season’s final weekend, the Harvard men’s basketball team overpowered perennial Ivy League top dogs Penn and Princeton to win the Crimson’s first-ever Ivy championship. By pacifying the Quakers, 79-64, and taming the Tigers, 79-67, the Crimson men capped off the first 100 years of hoops at the College in the most satisfying manner: Harvard and Princeton shared the 2011 Ivy title with 12-2 records after the Tigers ended their season three days later with a victory at Penn.

Harvard had been the only college not to win a men’s Ivy basketball title since the league began in 1956, and the quest for a championship had become a sort of Holy Grail among Crimson hoopsters and their fans. (The Harvard women, in contrast, have captured 11 Ivy titles.) That’s why the season-ending home game against Princeton on Saturday night, March 5, was literally the biggest basketball game in Harvard’s history, and sold out weeks in advance. ESPN provided national coverage, and the New York Times touted the contest beforehand.

The game lived up to all its hype. In an electrifying first half that saw 18 lead changes and the score tied nine times, Harvard battled to a 37-36 lead by halftime. In the second half, the Crimson gradually took over the game as the pumped-up crowd made the small gym thunder with cheers. At the final buzzer, hundreds of Harvard students charged out of the stands to mob their team.

A week later, in another thrilling contest, the same two teams met in the Yale gym for a one-game playoff to determine which of the Ivy co-champions would have the league’s automatic entry into the NCAA postseason tournament. This one went down to the wire: the Crimson led by a point with only 2.8 seconds remaining, but the Tigers hit a buzzer-beating shot (videotape review required) to win, 63-62. Thus Harvard’s postseason play was in the National Invitation Tournament (NIT) rather than the NCAA March Madness. Oklahoma State bested the Crimson, 71-54, in the NIT’s first round. (Kentucky dispatched Princeton, 59-57, in the first round of the NCAAs.)

The team’s 23 victories are the most in the history of the program; the 23-7 overall mark (including postseason) topped last year’s 21-8. The Crimson’s record of 14-0 at Lavietes Pavilion set a new record for home wins. Forward Keith Wright ’12 was elected Ivy League Player of the Year and named to the All-Ivy First Team, while the National Association of Basketball Coaches honored head coach Tommy Amaker as its All-District Coach of the Year for District 13. The triumphant 14-man squad will lose no seniors in May, and has only three juniors. In a column on Harvard’s landmark season-ending weekend, the Boston Globe’s Bob Ryan concluded, “Harvard is coming, and Harvard will not be stopped.”