ARTWEEK

16N Beyond Phở
Vietnamese food options in Greater Boston

16J Mass Audubon
Springtime timberdoodles, maple-sugaring, and falconry

16D J.S. Bach and Josephine Baker
Free concerts hosted by the Harvard music department

16B Extracurriculars
Events on and off campus in March and April

16H ArtWeek 2019
More than 525 events help "people access creativity across the Commonwealth"
Extracurriculars
Events on and off campus during March and April

SEASONAL
Arts First Festival
www.ofa.fas.harvard.edu
The annual arts celebration in and around Harvard Square offers live performances of dance, music, comedy, circus acts, and theater, along with art exhibits and hands-on activities for all ages. The 2019 Harvard Arts Medalist is Tracy K. Smith ’94 (see page 28), poet laureate of the United States. (May 2-5)

From left: A photograph of Albina Visilova, at the Naftalan Sanatorium, Azerbaijan (2010), at the Peabody Museum; from the Argentine film Zama, at the Harvard Film Archive; and Dragon Mama, starring Sara Porkalob, at the American Repertory Theater.

NATURE AND SCIENCE
The Arnold Arboretum
www.arboretum.harvard.edu
Gavin Van Horn, director of cultures and conversations at Chicago’s Center for Humans and Nature, hosts a talk, “Shared Journeys in the Urban Wilds,” and a walk: Cultivating Wildness Where You Are. (April 3 and April 4)

An Introduction to Medicinal Plants is a five-part series that explains the scientific principles and anthropological underpinnings of plant-based drugs found around the world.

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American Repertory Theater
www.americanrepertorytheater.org
In Dragon Mama, Seattle-based performer, singer, writer, and communist activist Sapea Parkalob delves into the next chapter of her autobiographical Dragon Cycle series, which began with Dragon Legacy. A work based on her grandmother, an unflappable Filipina immigrant to the United States, Oberon. (March 28-April 6)

The concert-party-performance Clairevoyance features its creator, Diane Oh, and her “original soul, pep, rock, and punk music.” Oberon. (April 24-28)

**MUSIC**
Shawn Colvin
www.boxoffice.harvard.edu
The Grammy Award-winning singer-songwriter and author performs her signature “slow-release works of craft and catharsis.” Sanders Theatre. (March 22)

America/We Need to Talk
www.boxoffice.harvard.edu
Cosmo Allegro, Boston–Les BGQ+ and allied classical choir, presents a concert that calls for national dialogue and social justice. Program includes the world premiere of “A Triptych of American Voices: A Can­tata of the People,” by award-winning composer Anucha Bisburi. Sanders Theatre. (March 24)

Holden Choruses
www.boxoffice.harvard.edu
The Radcliffe Choral Society hosts the Rising Voices Trible Chorus Festival, featuring the Boston-based Loredale Ensemble. Sanders Theatre. (April 5-6)

Harvard-Radcliffe Orchestra
www.boxoffice.harvard.edu

**LECTURES**
Mahindra Humanities Center
www.humanities.harvard.edu
This year’s Tanner Lecturer, Masha Gessen, the Russian-born journalist and activist, New Yorker staff writer, and author of the National Book Award-winning The Future Is History: How TNASSOMENREDNED RUSSIA, address­es “How Do We Talk About Migration?” Paine Hall. (April 3-4)

The Radcliffe Institute for Advanced Study
www.radcliffe.harvard.edu
The Vision and Justice conference—with keynote address by New York University law professor Bryan Stevenson, J.D., M.P.A., L.L.D. ’15, founder and executive director of the Equal Justice Initiative (see harvardmag.com/stevenson-llb), and short presentations by dozens of scholars, artists, writers, and businesspeople—explores the role of arts in understanding the nexus of art, race, and justice. Events include performances by Carrie Mae Weems and Wynton Marsalis. (April 25-26)

**E X H I B I T I O N S & E V E N T S**
The Radcliffe Institute for Advanced Study
www.radcliffe.harvard.edu
Willie Cole’s Beauties are full-scale prints made using crushed and hammered ironing boards, nailheads, and various other found objects to personalize and celebrate your cultural history. Johnson­Kulukundis Family Gallery. (Cole gives a talk on the opening reception on March 26, event opens on March 27)

Harvard Art Museums
www.harvardart Museums.org
Scholars, including Laura Muri, curator of The Bauhaus and Harvard exhibit (see pg. 25), present new research on art exhibitions and on the seismic design movement during the daylong Bauhaus 100: Object Lessons from a Historic Collection Symposium. (March 29)

The Peabody Museum of Archaeology & Ethnology
www.peabody.harvard.edu
Photographer Chloe Dewe Mathews spent five years documenting native life in landscapes along the Caspian Sea. Caspian: The Elements (also the title of her new book) elucidates her journey, and the roles of the elements (land, air, water, fire, and earth) in their daily life. Mathews, recipient of the museum’s 2014 Robert Gardner Fellowship in Photography, talks about her work during a reception on April 25. (Opens April 27)

**H O U G H T O N L I B R A R Y**
Houghton Library
www.hcl.harvard.edu/libraries/houghton
Small Steps, Giant Leaps: Apollo 11 at 50 pairs items from the library’s history of science collection with rarely seen objects from a private spacesflight collection, including—the mission by astronauts Neil Armstrong and Buzz Aldrin. (Opens April 29)

Currier Museum of Art
www.currier.org
Ububele Women: Beadwork and the Art of Independence highlights color­ful, meticulously beaded textiles—a single panel takes up to 10 months to complete—that were created by a community of women liv­ing and working together in rural South Af­rica. (Opens March 23)

**F I L M**
IFFBoston
www.iffboston.org
The Independent Film Festival Boston offers documentaries and narrative features, short films, and animated works not readily available elsewhere. New and established filmmakers, along with a host of regional practitioners, are featured through screenings at the Brattle, Somer­ville, and Coolidge Corner Theatres, among other venues. (April 24-May 1)

Harvard Film Archive
www.hcfa.harvard.edu/hfas
Thai filmmaker and VES visiting lecturer Anocha Srisopha opens the festival with an award-winning film short, including Phuttiphong Aroonpheng’s Cannes–honored film short GraceLand, cura­tes a survey of New Thai Cinema, in­cluding Phuttiphong Aroonpheng’s Manta Ray and Jakrawal Nilthamrong’s Vanishing Point. (March 8-April 13)

The Films of Lucrecia Martel explores the sensual and perceptive works by this memorable figure of the New Argentine Cinema, a prominent figure in contempo­rary world cinema. Martel appears for showings of both Zama (2017), based on the novel by Antonio di Benedetto, about a Spanish imperial functionary toiling in South America, and Le Niño Santo (2004), in which an adolescent girl struggles to reconcile her nascent sexuality with her Catholic faith. (March 10-April 7)

Events listings are also found at www.harvardmagazine.com/harvard2-events.
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ArtWeek 2019
Helping “people access creativity across the Commonwealth”
by NELL PORTER BROWN

Screenings from The 90-Second Newbery Film Festival. A match-up of poets and painters on Cape Cod. Dancing along Maldeer’s bike trail. And an afternoon of Spanish cuisine and Flamenco performers in Cambridge. This spring’s ArtWeek (April 25 May 6) offers “creative experiences that do not happen at any other time of the year,” says Susan Dahling Sullivan, chief strategic officer of the nonprofit Boch Center, producer of the 12-day annual event. ArtWeek provides people access to art and culture in new ways. From hands-on art making and demonstrations to panel discussions and performances—the week has something that allows people to get closer to the creative process themselves.”

ArtWeek began in 2013 (thanks to seed money from ArtPlace America), with 25 events in Boston. It has since grown to encompass more than 100 partner organizations and 59 events in 51 communities across the state. Says Sullivan, “The original idea was inspired by the popularity of restaurant weeks, but not necessarily with the same business model of offering meals (or art) at discounted prices.”

It was also a response to research conducted by the National Endowment for the Arts and LaPlaca Cohen (a firm that tracks trends and behaviors among cultural consumers) that reveals a shifting paradigm “in terms of how people are engaging with the

Last year, ArtWeek featured Airmen of Note, the U.S. Air Force Jazz Band (Franklin); Japanese folk dancing (Brookline); tours of a tiny house, from HGTV’s Deek Diedricksen (Brockton); Rhythm Dance Co. (Arlington); and “art in the dark” projections on Boston Common.

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to attend arts events by “having fun, and learning and experiencing new things,” she continues: the very definitions of culture are widening to beyond the traditional genres of ballet, opera, and painting, and now extend to “community festivals, public art, and even food and drinks.” ArtWeek organizers welcome both traditional and unconventional art-making—from gatherings with a social-justice and community-building theme, like an all-ages, all-abilities jegging event along “mural mile” in Framingham, she says, to offbeat experiences of the kind provided by an artist who fashioned instruments out of ice at the Faneuil Hall Frost Ice Loft (since closed) and then held a concert. Access and affordability are high priorities, too: more than 60 percent of ArtWeek events are free, and go free are either free or cost under $5.

This year’s complete schedule will be posted online by April 1. But here’s a short preview:

Malden Dance Mile (April 27) is a free, collaborative “dance adventure” led by Monkeyhouse and Ortega Dance Company along U.S. Bicycle Route 1. Performances, choreographed community dancing, music, and games are open to anyone, of any ability. Those more interested in exploring meditative movement might try the Tai Chi and Qi Gong Interactive Demonstration (May 4), and the Asian Crane Tai Chi studio in Plymouth. The ancient Chinese disciplines, with roots in the martial arts, offer wellness benefits—and the graceful, supremely focused motions are beautiful to watch.

In South Yarmouth, the Cultural Center of Cape Cod hosts Mutual Muses XI: A Marriage of Art and Poetry (April 17-May 5). The exhibit offers syncretic works generated by pairing 50 visual artists with 50 poets, each poet provides a poem, based on which the artist creates a piece of visual art, and vice versa. The resulting “inspiration and responses” will be displayed, and wall space and art supplies are provided as well, for visitors’ own imaginative reactions. The aim, says Sullivan, is to “help people experience what it means to collaborate, or to work across media.”

The annual, nationwide 90-Second Newbery Film Festival is a video-making project for which children and teenagers create “offbeat, condensed versions of Newbery Award-winning books.” The best entries, along with other locally created videos, will be screened at the Boston Public Library on April 27, with guest filmmakers and co-hosts that year’s prize-winning authors James Kennedy (The Order of the Milkfish) and M.T. Anderson (Feed, Octavian Nothing Saga). The exhibit offers synergistic works of which the artist creates a piece of visual art, and vice versa. The resulting “inspiration and responses” will be displayed, and wall space and art supplies are provided as well, for visitors’ own imaginative reactions. The aim, says Sullivan, is to “help people experience what it means to collaborate, or to work across media.”

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Harvard’s own ArtsFirst Festival (May 2-5) happens to coincide with ArtWeek this year, and itself offers scores of student performances. Check the ArtWeek events schedule for additional special activities on campus, and especially at Harvard’s museums.

Yet ArtWeek is not solely focused on literary, performing, and fine arts, Sullivan asserts. “There are lots of definitions of creativity,” she adds: it’s not hard to see how “creativity is [implicit in] and impacts our daily personal and professional lives.” It plays a role, for example, in parenting, friendships, marriage, and professional lives. “It plays a role, for example, in parenting, friendships, marriage, and professional lives.” It plays a role, for example, in parenting, friendships, marriage, and professional lives." It plays a role, for example, in parenting, friendships, marriage, and professional lives. “It plays a role, for example, in parenting, friendships, marriage, and professional lives.

Reprinted from Harvard Magazine. For more information, contact Harvard Magazine, Inc. at 617-495-5746.
**STAFF PICK: Laying It On**

Howardena Pindell: What Remains To Be Seen, a traveling show at the Rose Art Museum, reveals her ardent experimentation. Across a 50-year career, from figurative drawings and abstract paintings to conceptual works and photography, Pindell has delved into deconstructionism, and reveled in circles and serialized forms. Works of collaged strips of textiles—ripped, then re-sewn—are painted over. Some are embedded with texts, others are adorned with glitter, talcum powder, and perfume. In her New York City studio, Pindell has hole-punched thousands of paper dots that she sprinkles or clumps onto canvases, layering on acrylic or spray paint, to construct, by turns, raw textures and depth. Other multimedia collages reflect both her world travels and her social-justice causes. Her 1980 filmed performance, Free, White and 21 examines racism. It marked her emergence from the art world as an artist of color who was not afraid to make controversial statements. In 2018, Pindell launched her own nonprofit, the Art of Activation, and embraced the power of art to disrupt the status quo.

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**History professor at Wentworth Institute of Technology, who explains how imagery was used to define gender and power during the suffrage movement. Each year, ArtWeek draws more participating towns, organizations, and individuals, Sullivan says. “Everyone is seeing the value of this designated time as a way to help people access creativity across the Commonwealth. Creativity is one of the most important elements of a full life.”

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1888 Period Home: One-third acre nestled on Hubbard Park Road, surrounded by white and green gardens featured in Horticulture Magazine. This renovated Estate is less than a half mile from Harvard Square in a quiet neighborhood. Over 7,200 sq ft of living space, with special appointments including an elevator, top of the line systems and a two-car garage. $9,800,000

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**Harvard University Art Museum, reveals her ardent experimentation.**

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Of Ph, Bún, and Fish Sauce

Boston-area Vietnamese cuisine by Nell Porter Brown

It’s lunchtime in Harvard Square, and Le’s Restaurant is packed. Diners slurp steaming beef noodle soup (tái nam phở) and dig into grilled shrimp and pork and vermicelli (bún tôm thit) laced with nước mắm, a limey fish-sauce vinaigrette. At a window table, Duong Huynh and Vinh Le (no relation to Le's owners) peruse the menu. As the duo behind Nem, a local Vietnamese food venture that offers culinary classes and pop-up dinners, they are, naturally, choosy.

“You have to understand,” says Huynh, who moved to the United States with her family at age 10, and settled in Boston after graduating from MIT. “Vietnamese people live for food.”

“After the war—what we call the American War,” adds Le, “the people were so hungry. My mother told me this—that for a meal you have only two or three small pieces of meat. So when we have food, we sit around and talk and we celebrate together.”

“But even before the war, we were foodies,” his wife goes on. “I think it’s because geographically we are blessed with so many different ingredients.”

A fertile, mainly coastal, country, Vietnam boasts three distinct culinary regions: the north (influenced by Cantonese cuisine), the middle (once home to imperial Hue cuisine), and the agricultural-rich south, which integrates Thai and Cambod-
Vietnamese cooking, according to Le. Families have their own secret recipes, and batches can take days to make using slow-cooked bones and herbal infusions.

Street: the wave of migration to the United States after the fall of Saigon in 1975, the biggest Vietnamese American enclave in Massachusetts has grown up in Dorchester, in a section bookended by the Savin Hill and Fields Corner MBTA stations. To explore that culture and its cuisine, take the Red Line to JFK/UMASS, then walk east on Columbia Road to Dorchester Avenue. Within 15 minutes, you will come to Banh Mi Ba Le (1052 Dot Ave), which has both a sit-down restaurant and a fast-food counter. Try the fresh fish, steamed or fried, slathered with coconut-curry or black bean sauce, or get the Vietnamese fondue (shabu-shabu) and cook your own goat, seafood, or beef in a steaming hot pot of soup stock. Everything on the menu also appears to have a vegetarian option, but double-check to make sure fish sauce is not added. Ready-made takeout opportunities for more adventurous eaters include mi bowls, a sweet pandan-flavored drink with jellyfish that look like fish eggs, and gio trân, a hunk of head cheese made with pig’s ear.

A few blocks away is the less-crowded Pho Hoa (1370 Dot Ave) is among the largest and most established restaurants, look for the mural outside depicting immigration with Vietnamese folklore imagery: people in a boat watching fish swim toward a waterfall, above which a tree and dragon spiral skyward, encircling a scene from contemporary Vietnam. A few blocks from the Fields Corner MBTA station, is the family-owned Anh Hong (29 Adams Street), best known for its shared entrée “beef seven ways” — grilled with butter, rolled into sausage, or dipped in a tangy vinegar sauce are among the options. And steps from the station is Hùng Vọng (48 Dot Ave), which features a tount bun mắm, a fermented fish broth and vermicelli: guimbo: soup with seafood, pork, vegetables, and herbs. It’s a favorite of Huynh’s, but she recommends the version served at New Dong Khoan (7 Harrison Avenue), in Chinatown: “Very pungent broth. Not easy to handle,” she warns, “but it’s full of umami and better than the same dish I’ve had in Vietnam.” She also likes that restaurant’s bánh mì (steamed rice flour rolls with pork filling), bánh cuốn (a Vietnamese crépe flavored in a turmeric and studded with mango and bean sprouts), and hoi anh thạch bó kho (braised beef broth in five spices, with wontons). And try the smoothies, she adds, especially the avocado and durian.

On the next street over, New Saigon Sandwich (69 Washington Street), a tiny storefront serving take-out hot boxed meals (like teryaki chicken with rice or noodles), also sells fresh bánh mì — try the shredded pork, tofu, or BBQ beef, layered with cilantro, carrots, daikon, pickles, onions, and chili peppers.

For more ambience, go to Pho Countryside, in Kenmore Square, where the subdued lighting, tiny bar, and cozy tables are enhanced by digital images of flickering flames simulating a fireplace. We liked the “Countryside rice plate,” flavored with grilled pork chop, sausage, shredded pork skin, pork-egg custard, and the fresh “health conscious” entrées, especially the bún nhoi southern-styled tofu and vegetable noodle soup.

Back at Le’s Restaurant, in Harvard Square, the couple who own Nem start the meal with bánh bột lọc sour (32.25). It’s a ceremonial dish often served at weddings or engagement parties, Huynh explains, as a water setter down a platter piled with fresh bean sprouts, basil and mint leaves, shredded carrots, chopped cucumbers, scallions, and peanuts, squares of white vermicelli, and grilled shrimp. Separate bowls hold rice papers, hot water, and nước mắm. Soften the paper in the water, lay it on a plate, line it with bite-sized bits of anything from the platter, then roll the mass into a taut bundle. The yin-yang melding of flavors and textures is refreshing, healthy, and filling. Americans think of rice paper rolls as a specific dish, Huynh says, but in Vietnam
they are “more of a way to eat your protein. My family is from a coastal town and if my uncle had a fresh catch, he’d steam up the big fish and we would all sit down and we’ll have this to pair it with.”

Next up is a pot of phở tái nam ($9.50): vermicelli and tender slices of rare eye round and brisket swimming in hot broth. Again, there’s basil, scallions, cilantro, and bean sprouts on hand to add in.

“And you know, phở is often eaten for breakfast,” Huynh says.

“They eat it every day—for breakfast, lunch, and dinner—whatever,” adds Le. Huynh reaches for the bánh cuốn ($9.95), cutting a chunk of the crisp rice–powder crépe stuffed with bean sprouts and mung bean, but too few chunks of shrimp and pork. “I like to just put it in my bowl and lather the noodles on like this,” she says, sprinkling the sauce onto a mound of basil and mint. At Le’s, she also likes the “family meals” on the menu—a caramelized fish, for example—as well as the sour soup (canh ốc). More exotic is the “fire pot” with a vinegar-base broth, “eaten by dipping ingredients and then rolling them up in spring rolls.”

The couple met when she spent an academic semester abroad interning at the Hồ Chí Minh City design firm where he worked. They founded Nóm in 2014 partly as a culinary outlet for Le (who splits his time between Boston, working in urban design, and Hanoi, where he developed the menu at the new Monsoon Bar & Kitchen). Huynh works in real-estate finance and design, and Hanoi, where he developed the menu at the new Monsoon Bar & Kitchen). Huynh works in real-estate finance and design, and Hanoi, where he developed the menu at the new Monsoon Bar & Kitchen)

“The Outward Bound experience has been a powerful way to set the tone for the year. As a direct result I am seeing a higher level of gratitude, teaming, and active leadership.”

- Barbara Best, Executive Director of Harvard Kennedy School Center for Public Leadership

Step Outside with Outward Bound Professional!
HOME SWEET HOME: Transform Your Space for Spring

The sun is shining, flowers are blooming, and it’s finally time to open your windows and welcome a new season. We talked to Boston-area experts—designers, Realtors, organizational gurus—for simple ways to give your home a fresh start.

First things first: If you’re planning a deep-clean, don’t get overwhelmed. Valerie Achorn, M.P.A. ’98, president and founder of Simplified Lives, adheres to the “magic of ten” rule: Tackle ten items at a time. Perhaps that means purging ten items from a file cabinet or donating ten unused pairs of shoes.

“Ten things is a manageable number,” she says, and the momentum builds on itself. She steers clients toward impactful areas such as linen and coat closets (shed bulky towels, sheets, and coats); pantries and refrigerators (toss expired food and donate canned goods); and bathroom vanities.

Next, brighten overlooked spaces. Dust the tops of ceiling fans, vacuum oft-forgotten spots such as bookshelves and lampshades, and shift furniture to dislodge dust lurking beneath sofas and chairs. Fingerprints on the walls? The pros use a Mr. Clean magic eraser to make them vanish.

“When a space is clean, it feels somehow lighter, fresher, and more open,” says interior designer Heidi Pribell ’82.

After that, add pops of color. No need for a full-scale makeover; even simple accessories can create transformative change. Try new throw pillows—"They can change the whole accent of a room," Pribell says—side tables, bath towels, or even brightly patterned coasters. Vases of seasonal fresh flowers, such as orchids or mums, are an easy way to bring the outside in. Another expert favorite: tabletop bowls of colorful fresh fruit, such as lemons.

Looking for a larger-scale transformation? 30E Design’s Anne Barrett recommends switching out a standard back door for a slider. “A sliding door is more than just a door. It’s a window, a view, a way to bring daylight and nature into your living space in winter as well as summer. Combined with a ceiling fan, it can also function as source of cooling for your home,” she says. (She likes the Arcadia brand’s multiple door finishes and functionality.)

Finally, if you’re planning to sell your home, springtime’s natural scenery will make your space even prettier, says Sotheby’s Mary Conner of Julie Harrison Real Estate. “Flowers are in bloom, trees and plants are filling in, and lawns are becoming lush and green. Therefore, the photos used for marketing a home will be that much more vibrant and compelling. The spring sunlight will also help ensure interior photos are bright and airy,” she says.

To boost curb appeal, think about what a buyer will see first, suggests Trudy Dujardin of Dujardin Design. “Focus on the foyer and outside,” she says.

Consider painting the front door; replacing rusty address numbers with new, wrought-iron ones; and adding a deacon’s bench or fresh topiaries to the porch and walkway areas, she says. Decorative wreaths and window boxes also add bursts of color and create a welcoming feel.

Last but not least? Wash windows and screens, advises Compass Real Estate’s Maggie Currier. “This is highest on my list of to-dos. Wash them, open them, and let the light in. It can make a home so much lighter and brighter,” she says—no makeover required.

∼ Kara Baskin